


FARMER FRED'S

CHILDREN'S GLUTEN FREE MENU

Mains - £7.50

Chicken Nuggets with BBQ dip, Fries and Salad  

Fried egg and Fries 

Premium grilled Pork Sausages, Fries and Peas 

Fish Fingers, Fries and Peas  

Jacket Potatoes

Half jacket served with salad garnish

Plain with Butter - £5.95   

with Cheese or Coleslaw or Beans - £6.50   

Cheese and Beans or Tuna Mayo - £7.50     


GLUTEN FREE PIZZAS

Margherita - Classic Cheese and Tomato 

9" £10.95

Fred's Meat Feast - Chorizo, Ham and Pepperoni 


9" £12.95

American - Pepperoni 


9" £11.95

The Firestarter - Spicy Beef, Pepperoni, Jalapenos & Tabasco Sauce 

9" £12.95

La Reine - Ham and Mushrooms 


9" £11.95


Hawaiian - Ham and Pineapple 

9" £11.95

Sides

Fries - £3.95, with Cheese - £4.50 

Chunky Chips - £3.95, with Cheese - £4.50 

Sweet Potato Fries - £4.50, with Cheese - £5.25 

Homemade Coleslaw - £1.95  

Side Salad £3.25,

Vegetables, Baked Beans, Carrot & Cucumber Batons - £1.95

PLEASE STATE YOU ARE ORDERING OFF THE GLUTEN FREE MENU

ALLERGEN ADVICE: WHILST ONLY OUR CARROT AND WALNUT CAKE DIRECTLY CONTAINS NUTS, WE CAN NOT GUARANTEE OTHER ITEMS ON OUR MENU COME FROM NUT FREE ENVIRONMENTS.







DUE TO USING INGREDIENTS CONTAINING ALLERGENS IT IS NOT POSSIBLE TO GUARANTEE THE ABSENCE OF ALLERGENS IN OUR MEALS AND WE DO NOT MAKE A 'FREE FROM' CLAIM. OUR ALLERGENS INFORMATION ONLY STATES ALLERGENS IF THEY ARE AN INGREDIENT OF A PRODUCT.

PLEASE INFORM A MEMBER OF STAFF IF YOU HAVE AN ALLERGY.






FARMER FRED'S

ADULT GLUTEN FREE MENU

Main Meals

- Fried Egg and Fries - £11.95 
- Sausage (3), Fries and Peas- £11.95 
- Breaded Chicken Nuggets, with Fries and Salad - £12.95
- Fish Fingers, Fries and Peas- £11.95  
- Chicken or Tuna Salad - £10.95  



Jacket Potatoes

- Served with Salad and Homemade Coleslaw
- Plain with Butter - £6.95 
- with Cheese or Beans - £7.50 
- Cheese and Beans - £8.50, Tuna & Mayo - £8.50   

GLUTEN FREE PIZZA'S

- Margherita - Classic Cheese and Tomato 
9" £10.95
- Fred's Meat Feast - Chorizo, Ham and Pepperoni 
9" £12.95
- American - Pepperoni 
9" £11.95
- The Firestarter - Chorizo, Pepperoni, Jalapenos & Tabasco Sauce 
9" £12.95
- La Reine - Ham and Mushrooms 
9" £11.95
- Hawaiian - Ham and Pineapple 
9" £11.95

Sides

- Fries - £3.95, with Cheese - £4.75 
- Chunky Chips - £3.95, with Cheese - £4.75 
- Sweet Potato Fries - £4.50, with Cheese - £5.25 
- Side Salad- £3.25
- Baked Beans, Carrot & Cucumber Batons or Homemade Coleslaw - £1.95 

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FARMER FRED'S

Allergens Key



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